

Section 1AA True Team

Winona - 5/9/2023

Results

Girls 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Arabella Knudson	11	Kasson-Manto	12.60 22
2 Adriana Brenengen	10	Winona	12.62 21
3 Paige Halder	11	Byron	12.66 20
4 Reighley Sorum	10	Pine Island	12.99 19
5 Lilah Kurke	8	Byron	13.04 18
6 Molly Eversman	10	Plainview-El	13.22 17
7 Sarah Wangen	12	Austin	13.23 16
8 Taylor Koenen	12	Pine Island	13.27 15
9 Erin Burke	8	Winona	13.46 14
10 Delaney Awe	10	Kasson-Manto	13.49 13
11 Claire Olson	12	Stewartville	13.55 12
12 Alyvia Engler	9	Plainview-El	13.67 11
13 Brystol Schmidt	7	Stewartville	13.78 10
14 Autumn Reese	9	Zumbrota-Maz	14.20 9
15 Parker Gill	12	Cannon Falls	14.20 8
16 Finley Kamps	7	Red Wing	14.28 7
17 Anna Shaw	9	Albert Lea	14.31 6
18 Sophia Meyer	9	Austin	14.49 5
19 Macy Mohn	9	Cannon Falls	14.50 4
20 Morgen Knowlton	8	Red Wing	14.95 3
21 Nora Jacobson	7	Albert Lea	15.46 2
--- Kirsten Bettermann	12	Zumbrota-Maz	DQ

Girls 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Adriana Brenengen	10	Winona	25.74 22
2 Paige Halder	11	Byron	25.78 21
3 Arabella Knudson	11	Kasson-Manto	26.23 20
4 Haylie Strum	12	Stewartville	26.32 19
5 Reese Koenen	11	Pine Island	27.04 18
6 Olivia Walsh	12	Austin	27.43 17
7 Emma Hoppman	11	Red Wing	27.48 16
8 Delaney Awe	10	Kasson-Manto	27.50 15
9 Lyndee Northrop	10	Pine Island	27.85 14
10 Lucy Schmidt	11	Plainview-El	28.01 13
11 Molly Eversman	10	Plainview-El	28.10 12
12 Anna Gilmer	10	Winona	28.13 11
13 Kaila Huneke	10	Zumbrota-Maz	28.36 10
14 Rachel Engelstad	12	Austin	28.46 9
15 Kirsten Bettermann	12	Zumbrota-Maz	28.50 8
16 Ruby Rowland	8	Byron	28.51 7
17 Kaydyn Strum	9	Stewartville	28.75 6
18 Anna Shaw	9	Albert Lea	29.43 5
19 Marissa Martinez	12	Albert Lea	29.58 4
20 Allyson Butt	12	Albert Lea	29.93
21 Alexa Guetzlaff	8	Red Wing	30.38 3
22 Macy Mohn	9	Cannon Falls	31.07 2

Girls 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 Paige Halder	11	Byron	58.22 22
2 Adriana Brenengen	10	Winona	59.30 21
3 Katrina Sortland	12	Zumbrota-Maz	59.42 20
4 Reese Koenen	11	Pine Island	1:01.85 19
5 Karlynn Gustafson	10	Kasson-Manto	1:02.26 18
6 Emma Hoppman	11	Red Wing	1:03.40 17
7 Lucy Schmidt	11	Plainview-El	1:03.66 16
8 Anna Gilmer	10	Winona	1:03.91 15
9 Ashlee Barton	8	Plainview-El	1:05.14 14
10 Kayla Stork	8	Byron	1:05.17 13
11 Anna Ask	9	Kasson-Manto	1:05.22 12
12 Marie Tolbert	11	Austin	1:06.72 11
13 Adeline Waltermann	8	Stewartville	1:06.86 10
14 Katie Applen	11	Pine Island	1:07.47 9
15 Nyguay Mar	9	Austin	1:08.36 8
16 Alexa Guetzlaff	8	Red Wing	1:08.77 7
17 Morgan Schild	9	Stewartville	1:10.42 6
18 Bree Weilage	10	Albert Lea	1:10.43 5
19 Hailey Deming	10	Albert Lea	1:10.96 4
20 Autumn Reese	9	Zumbrota-Maz	1:17.60 3

Girls 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Michaela Hamilton	12	Byron	2:29.66 22
2 Ellie Ask	11	Kasson-Manto	2:30.23 21
3 Calla Pike	9	Winona	2:30.56 20
4 Ava Pike	12	Winona	2:30.82 19
5 Taylor Matter	10	Byron	2:31.23 18
6 Elena Kabat	10	Pine Island	2:33.68 17
7 Adisen Skov	11	Kasson-Manto	2:34.01 16
8 Paxyn Rendahl	11	Pine Island	2:34.27 15
9 Kendall Kenis	12	Albert Lea	2:37.89 14
10 Morgan Schild	9	Stewartville	2:39.13 13
11 Brooklyn Staudacher	8	Plainview-El	2:41.01 12
12 Bryn Guse	10	Red Wing	2:41.56 11
13 Cassidy Shute	12	Austin	2:42.11 10
14 Madison Whelan	12	Albert Lea	2:43.26 9
15 Abbie Langseth	9	Stewartville	2:47.40 8
16 Shanae Duncan	9	Plainview-El	2:47.83 7
17 Natalie Hanson	11	Red Wing	2:49.45 6
18 Avery Novak	7	Cannon Falls	2:57.54 5
19 Courtney Andring	9	Zumbrota-Maz	3:03.38 4
20 Isabelle Amsbaugh	10	Zumbrota-Maz	3:05.10 3
21 Amber Forsythe	10	Austin	3:05.34 2

Girls 1600 Meter Run

Name	Yr	School	Finals
Finals			
1 Natasha Sortland	12	Zumbrota-Maz	5:09.11 22
2 Nora Hanson	9	Red Wing	5:22.00 21
3 Taylor Matter	10	Byron	5:35.00 20

Section 1AA True Team

Winona - 5/9/2023

Results

Finals ... (Girls 1600 Meter Run)

Name	Yr	School	Finals	
4	Marissa Shute	10	Austin	5:38.00 19
5	Kiley Pollock	9	Winona	5:42.00 18
6	Mollie Ping	11	Winona	5:45.00 17
7	Alivia Levi	9	Pine Island	5:54.50 16
8	Shanae Duncan	9	Plainview-El	5:54.70 15
9	Norah Campbell	10	Stewartville	5:54.90 14
10	Elle Schulz	8	Albert Lea	5:56.00 13
11	Cambria Daley	8	Byron	5:58.00 12
12	Jaira Maligaya	12	Albert Lea	6:02.00 11
13	Elaina Borgschatz	11	Red Wing	6:02.50 10
14	Grace Vortherms	11	Austin	6:07.00 9
15	Cate Rahman	8	Plainview-El	6:10.00 8
16	Kaylie Doherty	12	Stewartville	6:13.00 7
17	Audrie Simpson	10	Pine Island	6:13.50 6
18	Olivia Oolman	12	Kasson-Manto	6:33.00 5
19	Alexandra Ebertowski	11	Zumbrota-Maz	6:34.00 4
---	Ayla Ballard	8	Kasson-Manto	DNF

Girls 3200 Meter Run

Name	Yr	School	Finals	
1	Mollie Ping	11	Winona	12:18.91 22
2	Marissa Shute	10	Austin	12:24.25 21
3	Kiley Pollock	9	Winona	12:29.33 20
4	Payton Satzke	11	Byron	12:36.00 19
5	MollyKate Hagen	12	Plainview-El	12:36.71 18
6	Norah Campbell	10	Stewartville	12:46.48 17
7	Alivia Levi	9	Pine Island	12:48.25 16
8	Luella Jeche	10	Stewartville	12:50.71 15
9	Aubrey Peterson	12	Kasson-Manto	12:51.91 14
10	Elle Schulz	8	Albert Lea	13:03.05 13
11	Ashley Peterson	12	Kasson-Manto	13:05.38 12
12	Kylea Garas	8	Byron	13:06.69 11
13	Grace Vortherms	11	Austin	13:07.64 10
14	Cydney Pathammavong	12	Albert Lea	13:19.48 9
15	River Weissgerber	9	Pine Island	13:26.68 8
16	Lillian Hansen	9	Plainview-El	13:41.59 7
17	Emme Hattemer	8	Red Wing	14:01.34 6
18	Britta Stiller	11	Zumbrota-Maz	14:12.16 5
19	Sophia Carlson	12	Red Wing	14:20.74 4

Girls 100 Meter Hurdles

Name	Yr	School	Finals	
1	Allie Sveen	11	Plainview-El	16.86 22
2	Alexis Urbick	10	Winona	17.05 21
3	Elena Hartung	10	Pine Island	17.25 20
4	Marie Tolbert	11	Austin	17.34 19
5	Michaela Attig	12	Albert Lea	17.52 18
6	Evelyn Nelson	11	Cannon Falls	17.62 17
7	Morgan Hanlin	10	Red Wing	18.00 16
8	Macy Wozney	10	Plainview-El	18.12 15
9	Mattea Stockton	10	Red Wing	18.57 14
10	Olivia Richardson	9	Byron	18.64 13

11	Taylor Meyer	8	Byron	18.65 12
12	Anna Myhre	12	Stewartville	18.77 11
13	Mckenzie Holz	11	Kasson-Manto	18.96 10
14	Kendra Reed	10	Cannon Falls	19.05 9
15	Eleanor Smith	8	Kasson-Manto	19.28 8
16	Sawyer Sheridan	10	Zumbrota-Maz	19.36 7
17	London Bergland	10	Albert Lea	19.56 6
18	Eliza Fletcher	10	Pine Island	20.72 5
19	Ava Weis	9	Stewartville	22.05 4
---	Chok Bol	10	Austin	DQ

Girls 300 Meter Hurdles

Name	Yr	School	Finals	
1	Haylie Strum	12	Stewartville	45.85 22
2	Allie Sveen	11	Plainview-El	48.16 21
3	Anna Stockton	7	Red Wing	48.97 20
4	Alexis Urbick	10	Winona	49.02 19
5	Elena Hartung	10	Pine Island	49.59 18
6	Mattea Stockton	10	Red Wing	50.23 17
7	Evelyn Nelson	11	Cannon Falls	50.67 16
8	Natasha Sortland	12	Zumbrota-Maz	51.01 15
9	Carly Halder	9	Byron	51.43 14
10	Taylor Meyer	8	Byron	51.61 13
11	Chok Bol	10	Austin	51.86 12
12	Kendall Hayden	12	Pine Island	52.07 11
13	Sawyer Sheridan	10	Zumbrota-Maz	52.37 10
14	Macy Wozney	10	Plainview-El	52.47 9
15	Michaela Attig	12	Albert Lea	53.42 8
16	Mckenzie Holz	11	Kasson-Manto	53.70 7
17	Taya Threinen	7	Kasson-Manto	54.16 6
18	Kendra Reed	10	Cannon Falls	55.87 5
19	Anna Myhre	12	Stewartville	55.99 4
20	London Bergland	10	Albert Lea	57.01 3
21	Emily Klapperich	11	Austin	59.64 2

Girls 4x100 Meter Relay

Team	Relay	Finals	
1	Kasson-Mantorville	50.68	33
2	Byron	51.59	30
3	Winona	52.07	27
4	Austin	52.18	24
5	Pine Island	52.34	21
6	Plainview-El	52.68	18
7	Stewartville	52.96	15
8	Cannon Falls	54.97	12
9	Zumbrota-Mazeppa	56.68	9
10	Red Wing	56.70	6
11	Albert Lea	1:00.26	3

Girls 4x200 Meter Relay

Team	Relay	Finals	
1	Pine Island	1:48.97	33
2	Red Wing	1:49.90	30

Section 1AA True Team

Winona - 5/9/2023

Results

Finals ... (Girls 4x200 Meter Relay)

Team	Relay	Finals	
3	Byron	1:50.09	27
4	Zumbrota-Mazeppa	1:51.50	24
5	Winona	1:52.56	21
6	Kasson-Mantorville	1:52.96	18
7	Stewartville	1:54.14	15
8	Plainview-El	1:54.17	12
9	Austin	1:55.54	9
10	Albert Lea	1:58.52	6
11	Cannon Falls	2:08.15	3

Girls 4x400 Meter Relay

Team	Relay	Finals	
1	Stewartville	4:09.45	33
2	Winona	4:14.07	30
3	Byron	4:14.88	27
4	Kasson-Mantorville	4:15.98	24
5	Zumbrota-Mazeppa	4:17.97	21
6	Plainview-El	4:18.49	18
7	Pine Island	4:25.85	15
8	Austin	4:31.41	12
9	Red Wing	4:37.94	9
10	Albert Lea	4:40.50	6
11	Cannon Falls	4:49.45	3

Girls 4x800 Meter Relay

Team	Relay	Finals	
1	Byron	10:05.83	33
2	Winona	10:20.47	30
3	Pine Island	10:26.18	27
4	Plainview-El	10:41.22	24
5	Albert Lea	10:44.11	21
6	Red Wing	10:52.67	18
7	Stewartville	11:07.14	15
8	Kasson-Mantorville	11:29.29	12
9	Zumbrota-Mazeppa	12:12.85	9

Girls High Jump

Name	Yr	School	Finals	
1	Paige Halder	11 Byron	5-04.00	22
2	Olivia Walsh	12 Austin	5-02.00	21
3	Natalie Hanson	11 Red Wing	5-02.00	20
4	Chloe Fratzke	10 Winona	5-00.00	19
5	Maddie Seymour	11 Zumbrota-Maz	5-00.00	18
6	Audrey Shindelar	9 Stewartville	5-00.00	17
7	Taylor Koenen	12 Pine Island	4-10.00	16
8	Morgan Schild	9 Stewartville	4-10.00	15
9	Ava Dahlke	12 Winona	4-10.00	14
10	Ella Schmoll	10 Pine Island	4-08.00	12.5
10	Ava Knott	11 Zumbrota-Maz	4-08.00	12.5
12	Bryn Guse	10 Red Wing	4-08.00	11
13	Delaney Awe	10 Kasson-Manto	4-08.00	10

14	Aggie McKichan	11 Austin	4-08.00	9
15	Eleanor Smith	8 Kasson-Manto	4-06.00	6.5
15	Isabella Haro	8 Cannon Falls	4-06.00	6.5
15	Sophia Richardson	9 Byron	4-06.00	6.5
15	Ainsley Schwantz	11 Plainview-El	4-06.00	6.5
19	Adelynn Haugen	9 Cannon Falls	4-06.00	4
20	Shanae Duncan	9 Plainview-El	4-04.00	3
21	Elle Schulz	8 Albert Lea	4-04.00	2
22	Hannah Veldman	11 Albert Lea	4-02.00	1

Girls Pole Vault

Name	Yr	School	Finals	
1	Meghan Urban	11 Stewartville	10-00.00	22
2	Ella Ott	10 Byron	8-06.00	20.5
2	Claire Krook	10 Byron	8-06.00	20.5
4	Sarah Wangen	12 Austin	8-06.00	19
5	Simone Kabat	12 Pine Island	8-06.00	18
6	Phillippa Serleth	9 Winona	8-06.00	17
7	Katie Harfmann	12 Kasson-Manto	8-00.00	16
8	Isabella Schei	12 Stewartville	8-00.00	15
9	Rylann Miller	8 Cannon Falls	8-00.00	14
10	Emily Klapperich	11 Austin	8-00.00	13
11	Lydia Pedersen	12 Cannon Falls	7-06.00	12
12	Clarice Potter	11 Winona	7-06.00	11
13	Jordan Murphy	9 Plainview-El	7-00.00	9.5
13	Hailey Deming	10 Albert Lea	7-00.00	9.5
15	Sommer Post	11 Zumbrota-Maz	7-00.00	8
16	Hannah Veldman	11 Albert Lea	7-00.00	7
17	Mckenzie Holz	11 Kasson-Manto	7-00.00	6
18	Ashlee Barton	8 Plainview-El	7-00.00	5
19	Brynne Kelley	12 Pine Island	7-00.00	4
20	Britta Stiller	11 Zumbrota-Maz	6-06.00	3
21	Alyssa Rippentrop	9 Red Wing	5-00.00	2
22	Anna Stockton	7 Red Wing	5-00.00	1

Girls Long Jump

Name	Yr	School	Finals	
1	Morgan Hanlin	10 Red Wing	16-07.75	22
2	Reese Koenen	11 Pine Island	16-02.50	21
3	Carly Conway	11 Winona	16-02.00	20
4	Sophia Richardson	9 Byron	15-08.00	19
5	Meghan Urban	11 Stewartville	15-07.50	18
6	Rachel Engelstad	12 Austin	15-05.00	17
7	Anna Stockton	7 Red Wing	15-05.00	16
8	Lyndee Northrop	10 Pine Island	15-04.50	15
9	Allie Sveen	11 Plainview-El	15-00.00	14
10	Kylie Minnich	10 Stewartville	15-00.00	13
11	Parker Gill	12 Cannon Falls	14-05.75	12
12	Phillippa Serleth	9 Winona	14-05.50	11
13	Avery Brown	12 Zumbrota-Maz	14-05.00	10
14	Olivia Richardson	9 Byron	14-03.75	9
15	Avery Schumacher	7 Plainview-El	14-01.00	8
16	Beany Gilo	11 Austin	13-11.00	7
17	Bree Weilage	10 Albert Lea	13-03.00	6

Section 1AA True Team

Winona - 5/9/2023

Results

Finals ... (Girls Long Jump)

Name	Yr	School	Finals
18 Jacey Heidt	10	Kasson-Manto	12-10.75 5
19 Kiley Moen	7	Kasson-Manto	12-06.00 4
20 Lauren Raleigh	10	Albert Lea	11-07.50 3
21 Devon Root	10	Cannon Falls	11-02.25 2
--- Autumn Reese	9	Zumbrota-Maz	FOUL

Girls Triple Jump

Name	Yr	School	Finals
1 Olivia Walsh	12	Austin	34-11.00 22
2 Carly Halder	9	Byron	34-00.00 21
3 Avery Spencer	12	Stewartville	32-06.50 20
4 Julia Foss	10	Plainview-El	32-05.50 19
5 Clara Braun	12	Byron	32-04.50 18
6 Macy Wozney	10	Plainview-El	32-01.50 17
7 Morgan Hanlin	10	Red Wing	32-00.75 16
8 Macy Koenen	9	Pine Island	32-00.25 15
9 Claire Olson	12	Stewartville	31-11.75 14
10 Marissa Martinez	12	Albert Lea	31-02.50 13
11 Ava Dahlke	12	Winona	30-10.00 12
12 Kaila Huneke	10	Zumbrota-Maz	30-08.75 11
13 Kendra Reed	10	Cannon Falls	29-10.25 10
14 Mattea Stockton	10	Red Wing	29-05.00 9
15 Ava Threinen	10	Kasson-Manto	29-05.00 8
16 Ava Richardson	8	Kasson-Manto	28-10.25 7
17 Zoe Njus	10	Pine Island	28-03.00 6
18 Emma Haugen	12	Austin	27-06.25 5
19 Charlie Schroeder	8	Albert Lea	27-05.50 4
20 Courtney Andring	9	Zumbrota-Maz	26-08.50 3
--- Faith Quinn	11	Winona	FOUL

Girls Shot Put

Name	Yr	School	Finals
1 Lauren Rott	12	Plainview-El	38-00.00 22
2 Laura Bekaert	10	Austin	36-05.00 21
3 Shay (Shaquavianna) Berli	11	Winona	36-02.00 20
4 Arianna Berlin-Burns	12	Winona	34-07.50 19
5 Madi Hamilton	10	Byron	34-07.50 18
6 Ava Mertesdorf	10	Byron	32-10.50 17
7 Laney Schmit	11	Plainview-El	30-09.00 16
8 Cydney Pathammavong	12	Albert Lea	29-07.00 15
9 Tayler Lamphere	12	Kasson-Manto	29-00.50 14
10 Brie Beasley	12	Albert Lea	28-08.00 13
11 Gabby White	12	Pine Island	27-09.00 12
12 Ayla Yetzer	11	Pine Island	26-09.00 11
13 Mya Walters	12	Austin	26-08.50 10
14 Anna Cummins	11	Stewartville	26-07.50 9
15 Avery Brown	12	Zumbrota-Maz	25-02.00 8
16 Kendra Neeser	9	Red Wing	25-00.50 7
17 Dana Barsness	9	Cannon Falls	24-11.50 6
18 Sara Auger	11	Cannon Falls	24-00.50 5
19 Aloaha Ricke	9	Kasson-Manto	22-08.50 4
20 Jayda Ramaker	10	Stewartville	22-06.00 3

21 Mariana Martin	10	Red Wing	21-05.00 2
22 Sophia Pasdzior	11	Zumbrota-Maz	20-10.00 1

Girls Discus Throw

Name	Yr	School	Finals
1 Lauren Rott	12	Plainview-El	126-01 22
2 Shay (Shaquavianna) Berli	11	Winona	121-05 21
3 Rylie Olive	11	Byron	115-04 20
4 Laura Bekaert	10	Austin	114-04 19
5 Cydney Pathammavong	12	Albert Lea	112-02 18
6 Autumn Wadewitz	9	Winona	104-04 17
7 Laney Schmit	11	Plainview-El	99-02 16
8 Mya Walters	12	Austin	88-07 15
9 Tayler Lamphere	12	Kasson-Manto	87-08 14
10 Gabriela Polikowsky	11	Byron	86-09 13
11 Lyndee Northrop	10	Pine Island	86-07 12
12 Allyson Butt	12	Albert Lea	84-02 11
13 Sara Auger	11	Cannon Falls	83-08 10
14 Anna Cummins	11	Stewartville	82-05 9
15 Avery Brown	12	Zumbrota-Maz	79-04 8
16 Erin Taylor	9	Pine Island	77-03 7
17 Kendra Neeser	9	Red Wing	73-01 6
18 Addisyn Coker	7	Kasson-Manto	60-06 5
19 Danika Garcia	9	Stewartville	54-08 4
20 Addison Richter	11	Cannon Falls	51-09 3
21 Mariana Martin	10	Red Wing	47-06 2
22 Isabelle Amsbaugh	10	Zumbrota-Maz	45-00 1

Boys 100 Meter Dash Wheelchair

Name	Yr	School	Finals
1 Devin Filzen	9	Winona	19.57 1

Boys 100 Meter Dash

Name	Yr	School	Finals
1 Thomas Lamkin	11	Red Wing	10.89 22
2 RJ Sylak	12	Zumbrota-Maz	11.05 21
3 Liam Schick	11	Byron	11.16 20
4 Thomas Fritz	12	Austin	11.22 19
5 Evan Maurud	11	Winona	11.23 18
6 Kraig Burnell	12	Red Wing	11.41 17
7 Bentley Lujero	11	Pine Island	11.47 16
8 Logan Johnson	11	Stewartville	11.47 15
9 Dylan Scanlan	10	Stewartville	11.47 14
10 Maddox Knudson	12	Kasson-Manto	11.47 13
11 Owen Graner	11	Winona	11.51 12
12 Emmett Ricke	11	Kasson-Manto	11.54 11
13 Aydan Tye	11	Byron	11.58 10
14 Tysen Lind	10	Cannon Falls	11.67 9
15 Kyler Lamb	12	Plainview-El	11.78 8
16 Max Edwin	12	Albert Lea	11.81 7
17 Caleb Briggs	12	Plainview-El	11.85 6
18 Blake Schiltz	10	Pine Island	12.00 5
19 Connor May	11	Albert Lea	12.09 4

Section 1AA True Team

Winona - 5/9/2023

Results

Finals ... (Boys 100 Meter Dash)

Name	Yr	School	Finals
20 Colten Litschke	10	Cannon Falls	12.12 3
21 Joseph Ewing	12	Austin	12.22 2
22 Ben Murray	11	Zumbrota-Maz	12.42 1

Boys 200 Meter Dash Wheelchair

Name	Yr	School	Finals
1 Devin Filzen	9	Winona	34.95 1

Boys 200 Meter Dash

Name	Yr	School	Finals
1 Thomas Lamkin	11	Red Wing	21.97 22
2 RJ Sylak	12	Zumbrota-Maz	22.35 21
3 Liam Schick	11	Byron	22.63 20
4 Kraig Burnell	12	Red Wing	23.20 19
5 Brayden Draheim	12	Winona	23.21 18
6 Logan Johnson	11	Stewartville	23.41 17
7 A'triel Terry	12	Austin	23.44 16
8 Bentley Lujero	11	Pine Island	23.46 15
9 Xavier Schultz	12	Winona	23.46 14
10 Dylan Scanlan	10	Stewartville	23.52 13
11 Brayden Olson	10	Byron	24.02 12
12 Ty Gibson	11	Pine Island	24.23 11
13 Tysen Lind	10	Cannon Falls	24.28 10
14 Connor May	11	Albert Lea	24.30 9
15 Max Edwin	12	Albert Lea	24.41 8
16 Colten Litschke	10	Cannon Falls	24.70 7
17 Timothy Schultz	12	Kasson-Manto	25.12 6
18 Caleb Briggs	12	Plainview-El	25.12 5
19 William Higley	11	Zumbrota-Maz	25.40 4
20 Brayden Bennerotte	9	Kasson-Manto	25.55 3
21 Logan Haack		Plainview-El	25.78 2
22 Chase Collins	12	Austin	26.88 1

Boys 400 Meter Dash

Name	Yr	School	Finals
1 RJ Sylak	12	Zumbrota-Maz	50.50 22
2 Brayden Draheim	12	Winona	51.07 21
3 Xavier Schultz	12	Winona	51.82 20
4 Carson Heimer	9	Byron	52.42 19
5 Jed Heineman	11	Red Wing	52.84 18
6 Dylan Heimer	12	Byron	53.37 17
7 Connor Fogarty	11	Zumbrota-Maz	53.43 16
8 Ashton Anderson	11	Albert Lea	54.12 15
9 Blake Schiltz	10	Pine Island	54.15 14
10 Ben Hagen	12	Stewartville	54.75 13
11 Jacob Carter	10	Pine Island	54.88 12
12 Morgan Call	9	Kasson-Manto	55.06 11
13 Emmett Ricke	11	Kasson-Manto	55.21 10
14 Caleb Hanse	11	Stewartville	55.27 9
15 Judd Moller	12	Albert Lea	55.33 8
16 Braden Lovett	8	Red Wing	55.46 7

17 Nick Wozney	12	Plainview-El	56.52 6
18 Jackson Hilkin	10	Austin	56.63 5
19 Michael Elias	10	Plainview-El	56.78 4
20 Kellen Otte	12	Cannon Falls	59.51 3
21 Matthew Oldenkamp	9	Austin	1:10.37 2

Boys 800 Meter Run Wheelchair

Name	Yr	School	Finals
1 Devin Filzen	9	Winona	2:24.82 1

Boys 800 Meter Run

Name	Yr	School	Finals
1 Benjamin Zimmerman	10	Byron	2:03.54 22
2 Kaleb Hove	12	Red Wing	2:03.65 21
3 Roel Palomo	12	Albert Lea	2:04.24 20
4 Braxton Osterhaus	12	Pine Island	2:04.33 19
5 Bo Rosane	8	Pine Island	2:07.08 18
6 Josh Langseth	10	Stewartville	2:07.27 17
7 Noah Schrooten	12	Byron	2:07.31 16
8 Caleb Goff	12	Stewartville	2:07.55 15
9 Pacey Brekke	12	Albert Lea	2:07.60 14
10 Ethan Petersilie	12	Kasson-Manto	2:10.35 13
11 Keyan Severson	12	Kasson-Manto	2:10.49 12
12 Jacob Sheridan	10	Winona	2:12.25 11
13 Myles Ramer	11	Zumbrota-Maz	2:13.23 10
14 Jared Loos	12	Winona	2:14.15 9
15 Joseph Garry	12	Austin	2:14.44 8
16 Indy Judd	9	Zumbrota-Maz	2:15.18 7
17 Lance Keenan	9	Austin	2:17.18 6
18 Brice Neeser	11	Red Wing	2:17.64 5
19 Ryland Veenhuis		Plainview-El	2:18.06 4
20 Jordan Greer		Plainview-El	2:19.16 3
21 Mickolas Swanson	10	Cannon Falls	2:35.75 2

Boys 1600 Meter Run

Name	Yr	School	Finals
1 David Obst	9	Kasson-Manto	4:32.01 22
2 Aaron Freier	12	Red Wing	4:32.72 21
3 Brandt Konik	12	Pine Island	4:34.10 20
4 Gavin Hanke	12	Albert Lea	4:35.29 19
5 Josh Langseth	10	Stewartville	4:37.18 18
6 Seth Konik	10	Pine Island	4:39.23 17
7 Thomas Herrick	12	Austin	4:43.20 16
8 Myles Rasmussen	12	Winona	4:43.57 15
9 Isaiah McGaffey	11	Albert Lea	4:45.98 14
10 Isaiah Fitzgerald	12	Stewartville	4:47.40 13
11 Brady Benedict	10	Winona	4:50.55 12
12 Isaiah Ricks	10	Red Wing	4:52.04 11
13 Myles Ramer	11	Zumbrota-Maz	4:53.22 10
14 Zachary Pieper	10	Byron	5:03.73 9
15 Carson Pieper	12	Byron	5:04.49 8
16 Jacob Williamson	9	Zumbrota-Maz	5:17.63 7
17 Patrick Trihey	11	Kasson-Manto	5:19.83 6

Section 1AA True Team

Winona - 5/9/2023

Results

Finals ... (Boys 1600 Meter Run)

Name	Yr	School	Finals
18 Timothy Jurgenson	10	Plainview-El	5:20.61 5
19 Jonas Hovland	9	Austin	5:22.25 4
20 Erik Dahl	10	Plainview-El	6:03.45 3

Boys 3200 Meter Run

Name	Yr	School	Finals
Finals			
1 Gavin Hanke	12	Albert Lea	10:01.56 22
2 David Obst	9	Kasson-Manto	10:16.90 21
3 Phineas Van Fossen	8	Winona	10:21.36 20
4 Seth Konik	10	Pine Island	10:24.08 19
5 Brandt Konik	12	Pine Island	10:27.41 18
6 Tyrone Stout	9	Albert Lea	10:30.22 17
7 Isaiah Fitzgerald	12	Stewartville	10:30.92 16
8 Thomas Asmus	9	Austin	10:35.18 15
9 Myles Rasmussen	12	Winona	10:41.00 14
10 Thomas Herrick	12	Austin	10:42.46 13
11 Wrigley Miller	9	Stewartville	10:53.66 12
12 Rylan Bennyhoff	10	Red Wing	10:54.41 11
13 Isaiah Ricks	10	Red Wing	11:11.06 10
14 Zachary Pieper	10	Byron	11:20.40 9
15 Jacob Williamson	9	Zumbrota-Maz	11:34.75 8
16 Riley Bram	8	Zumbrota-Maz	11:40.22 7
17 Brian Lujan	11	Byron	11:57.72 6
18 Nolan Pfeilsticker	10	Plainview-El	11:59.41 5
19 Timothy Jurgenson	10	Plainview-El	12:06.43 4
20 Colin Thoen	12	Kasson-Manto	12:35.20 3

Boys 110 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Nick Walch	12	Plainview-El	16.44 22
2 Kameron Thompson-En	12	Stewartville	16.62 21
3 Noah Wernau	12	Pine Island	17.20 20
4 Max Uribe	12	Winona	17.62 19
5 Colin Hansen	10	Byron	17.66 18
6 Jal Thoat	11	Albert Lea	17.84 17
7 Bryan Cassellius	12	Winona	17.99 16
8 Noah Kevan	12	Zumbrota-Maz	18.55 15
9 Luke Eastman	10	Stewartville	18.81 14
10 Trey Gostomczik	10	Byron	18.82 13
11 Jacob Hoover	10	Red Wing	19.24 12
12 Mason Boraas	9	Zumbrota-Maz	19.58 11
13 Charlie Irvine	9	Albert Lea	19.63 10
14 Liam Stockton	11	Red Wing	20.14 9
15 Triumph Ogbeide	9	Austin	20.20 8
16 Sam Eagle	9	Kasson-Manto	21.00 7
17 Caisen Thome	10	Kasson-Manto	21.75 6
18 Brent Carpenter	9	Cannon Falls	22.85 5
19 Landon Klennert		Plainview-El	23.11 4
--- CJ Tree	11	Pine Island	DQ

Boys 300 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Nick Walch	12	Plainview-El	40.94 22
2 CJ Tree	11	Pine Island	42.19 21
3 Noah Wernau	12	Pine Island	42.60 20
4 Jal Thoat	11	Albert Lea	43.36 19
5 Noah Root	9	Stewartville	44.40 18
6 Jaxon Boynton	10	Byron	44.51 17
7 Bryan Cassellius	12	Winona	44.77 16
8 Isaiah Cabeen	10	Austin	44.91 15
9 Kameron Thompson-En	12	Stewartville	45.24 14
10 Trey Gostomczik	10	Byron	45.70 13
11 Brock Kajewski	10	Red Wing	46.70 12
12 Max Uribe	12	Winona	47.47 11
13 Noah Kevan	12	Zumbrota-Maz	47.66 10
14 Caisen Thome	10	Kasson-Manto	48.78 9
15 Jacob Hoover	10	Red Wing	49.78 8
16 Sam Eagle	9	Kasson-Manto	50.23 7
17 Tyler Heddelsten	11	Plainview-El	50.48 6
18 Charlie Irvine	9	Albert Lea	51.24 5
19 Mason Boraas	9	Zumbrota-Maz	52.26 4
20 Brent Carpenter	9	Cannon Falls	54.71 3

Boys 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Byron		44.04 33
2 Stewartville		44.47 30
3 Winona		44.59 27
4 Red Wing		44.63 24
5 Kasson-Mantorville		45.12 21
6 Pine Island		45.69 18
7 Albert Lea		45.91 15
8 Plainview-El		46.45 12
9 Cannon Falls		46.77 9
10 Zumbrota-Mazeppa		47.08 6
11 Austin		47.41 3

Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Stewartville		1:33.22 33
2 Pine Island		1:34.00 30
3 Winona		1:34.35 27
4 Byron		1:35.66 24
5 Red Wing		1:35.75 21
6 Plainview-El		1:36.87 18
7 Austin		1:38.70 15
8 Albert Lea		1:38.82 12
9 Zumbrota-Mazeppa		1:39.10 9
10 Kasson-Mantorville		1:40.05 6
11 Cannon Falls		1:49.15 3

Section 1AA True Team

Winona - 5/9/2023

Results

Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1	Byron	3:28.97 33
2	Winona	3:30.39 30
3	Pine Island	3:31.57 27
4	Albert Lea	3:33.96 24
5	Red Wing	3:37.52 21
6	Stewartville	3:39.49 18
7	Kasson-Mantorville	3:51.12 15
8	Zumbrota-Mazeppa	3:52.53 12
9	Austin	3:55.21 9
10	Plainview-El	3:58.85 6
11	Cannon Falls	4:08.57 3

Boys 4x800 Meter Relay

Team	Relay	Finals
Finals		
1	Byron	8:20.44 33
2	Albert Lea	8:21.63 30
3	Pine Island	8:34.98 27
4	Winona	8:42.01 24
5	Stewartville	8:43.95 21
6	Red Wing	9:03.63 18
7	Austin	9:07.91 15
8	Kasson-Mantorville	9:28.35 12
9	Zumbrota-Mazeppa	9:40.89 9
10	Plainview-El	9:43.48 6
11	Cannon Falls	9:57.67 3

Boys High Jump

Name	Yr	School	Finals
Finals			
1	Carter Anderson	11 Stewartville	6-04.00 22
2	A'triel Terry	12 Austin	6-02.00 21
3	Ryan Stites	10 Byron	6-00.00 20
4	Emmett Ricke	11 Kasson-Manto	6-00.00 19
5	Dylan Hoot	10 Stewartville	5-10.00 18
6	Collin Klassen	12 Zumbrota-Maz	5-10.00 17
7	Carson Heimer	9 Byron	5-08.00 15.5
7	Jesse Olson	12 Pine Island	5-08.00 15.5
9	Drew Sailer	10 Pine Island	5-08.00 14
10	Jed Heineman	11 Red Wing	5-08.00 13
11	Aiden Falls	9 Winona	5-06.00 11.5
11	Connor Fogarty	11 Zumbrota-Maz	5-06.00 11.5
13	Hunter Greeley	10 Red Wing	5-04.00 10
14	Michael Elias	10 Plainview-El	5-04.00 8.5
14	Trenton Mikels	11 Albert Lea	5-04.00 8.5
16	Charlie Irvine	9 Albert Lea	5-04.00 7
17	Deion Prolo	10 Winona	5-02.00 6
18	Jonah Coleman	9 Kasson-Manto	5-00.00 5
---	Triumph Ogbeide	9 Austin	NH
---	Evan Kisch	8 Plainview-El	NH

Boys Pole Vault

Name	Yr	School	Finals
Finals			
1	Nick Walch	12 Plainview-El	13-06.00 22
2	Kyler Lamb	12 Plainview-El	12-06.00 21
3	Sam Knox	12 Pine Island	12-06.00 20
4	Nathan Jeche	11 Stewartville	11-06.00 19
5	Zayne Novak	12 Zumbrota-Maz	11-06.00 18
6	John Colaiano	12 Stewartville	11-00.00 17
7	Ayden Crigler	12 Winona	10-00.00 15.5
7	Aiden Hartman	11 Albert Lea	10-00.00 15.5
9	CJ Tree	11 Pine Island	10-00.00 13.5
9	Tanner Finstuen	12 Zumbrota-Maz	10-00.00 13.5
11	Graham Bray	9 Cannon Falls	10-00.00 12
12	Michael Smith	12 Winona	10-00.00 11
13	Elijah Goskeson	10 Albert Lea	9-06.00 10
14	Ethan Lutzi	10 Byron	9-00.00 9
15	Will Ruhnke	9 Byron	9-00.00 8
16	Axel Rapp	9 Cannon Falls	8-00.00 7
17	Killian Hepplemann	12 Kasson-Manto	8-00.00 6
18	Gabriel Swanson	10 Red Wing	7-00.00 4
18	Colton Qualey	9 Austin	7-00.00 4
18	Kraig Burnell	12 Red Wing	7-00.00 4
21	Jonah Coleman	9 Kasson-Manto	7-00.00 2
---	Chase Collins	12 Austin	NH

Boys Long Jump

Name	Yr	School	Finals
Finals			
1	Charlie Wood	11 Stewartville	20-08.50 22
2	Tysen Lind	10 Cannon Falls	20-03.50 21
3	Dylan Scanlan	10 Stewartville	20-01.75 20
4	Tyler Connelly	11 Byron	20-00.00 19
5	Adam Glynn	11 Byron	20-00.00 18
6	Hunter Greeley	10 Red Wing	19-08.75 17
7	Bentley Lujero	11 Pine Island	19-07.00 16
8	Michael Goodman	12 Pine Island	19-03.00 15
9	Joshua Buchl	11 Kasson-Manto	19-02.00 14
10	Nick Wozney	12 Plainview-El	19-01.50 13
11	Kellen Otte	12 Cannon Falls	18-05.00 12
12	Judd Moller	12 Albert Lea	18-05.00 11
13	Connor Fogarty	11 Zumbrota-Maz	18-04.75 10
14	Collin Klassen	12 Zumbrota-Maz	18-04.00 9
15	Bryan Cassellius	12 Winona	18-03.50 8
16	Oliver Jensen	11 Red Wing	18-00.50 7
17	Sah Eh Soe	12 Albert Lea	17-08.00 6
18	Brayden Bennerotte	9 Kasson-Manto	17-07.50 5
19	Max Uribe	12 Winona	17-06.50 4
20	Triumph Ogbeide	9 Austin	17-06.50 3
21	Joseph Ewing	12 Austin	17-05.75 2
22	Caleb Briggs	12 Plainview-El	16-08.50 1

Section 1AA True Team

Winona - 5/9/2023

Results

Boys Triple Jump

Name	Yr	School	Finals
Finals			
1 Michael Goodman	12	Pine Island	41-08.00 22
2 Collin Klassen	12	Zumbrota-Maz	41-04.00 21
3 Brayden Draheim	12	Winona	41-03.25 20
4 Hunter Greeley	10	Red Wing	39-08.75 19
5 Carter Anderson	11	Stewartville	39-07.25 18
6 Ethan Lutzi	10	Byron	39-05.75 17
7 Nick Walch	12	Plainview-El	38-11.25 16
8 Luke Eastman	10	Stewartville	38-09.25 15
9 Jason Ryan	12	Pine Island	38-07.00 14
10 Landon Pagel	11	Cannon Falls	38-03.00 13
11 Judd Moller	12	Albert Lea	38-03.00 12
12 Beau Nicklay	8	Byron	37-08.75 11
13 Kellen Otte	12	Cannon Falls	37-05.50 10
14 Isaiah Cabeen	10	Austin	35-04.00 9
15 Zakari Epps	9	Winona	34-08.00 8
16 Austin Jentsch	10	Zumbrota-Maz	33-07.00 7
17 Erik Dahl	10	Plainview-El	32-08.25 6
18 Liam Stockton	11	Red Wing	32-08.00 5
19 Gideon Jauregui	9	Austin	32-06.75 4
20 Sah Eh Soe	12	Albert Lea	31-10.75 3
21 Ethan Petersilie	12	Kasson-Manto	30-10.00 2

Boys Shot Put Wheelchair

Name	Yr	School	Finals
Finals			
1 Devin Filzen	9	Winona	21-00.50 1

Boys Shot Put

Name	Yr	School	Finals
Finals			
1 Peyton Byrne	12	Stewartville	52-10.00 22
2 Ashton Kisch	11	Plainview-El	50-00.00 21
3 Torasbjorn Lunaas	12	Stewartville	48-10.00 20
4 Wesley Wollan	12	Winona	43-01.50 19
5 Austin Sisell	12	Pine Island	43-00.00 18
6 Zachary Vanderpool	11	Byron	42-08.00 17
7 Samuel Eyre	12	Austin	41-10.50 16
8 Logan Strom	12	Albert Lea	41-03.50 15
9 Wyatt Thoma	12	Austin	41-01.50 14
10 Trenton Mikels	11	Albert Lea	40-11.00 13
11 Aiden Wilson	10	Winona	40-07.00 12
12 Zane Angerman	12	Zumbrota-Maz	40-02.50 11
13 Brennan O'Reilly	10	Plainview-El	40-02.50 10
14 Cody Swanson	11	Byron	39-05.00 9
15 Blake Schiltz	10	Pine Island	38-03.50 8
16 Rhowan Smith	12	Red Wing	37-06.00 7
17 Chase Prall	12	Red Wing	36-09.50 6
18 Jack Boraas	11	Zumbrota-Maz	36-08.50 5
19 Lars Ingram	11	Kasson-Manto	33-05.00 4
20 August Wagner	10	Cannon Falls	31-07.50 3
21 Brent Carpenter	9	Cannon Falls	26-00.50 2
22 Tayte Severson	9	Kasson-Manto	25-11.00 1

Boys Discus Throw

Name	Yr	School	Finals
Finals			
1 Torasbjorn Lunaas	12	Stewartville	172-07 22
2 Ashton Kisch	11	Plainview-El	142-04 21
3 Peyton Byrne	12	Stewartville	140-07 20
4 Ben Northrop	11	Pine Island	132-04 19
5 Logan Strom	12	Albert Lea	130-02 18
6 Wesley Wollan	12	Winona	129-00 17
7 Zane Angerman	12	Zumbrota-Maz	128-03 16
8 Wyatt Thoma	12	Austin	123-01 15
9 Ryan Gostonczik	12	Plainview-El	118-06 14
10 Jamison Rosane	10	Pine Island	117-01 13
11 Lars Ingram	11	Kasson-Manto	114-05 12
12 Cody Swanson	11	Byron	110-08 11
13 Aidan Diaz	10	Red Wing	107-05 10
14 Trenton Mikels	11	Albert Lea	102-08 9
15 Payton Jax	11	Byron	99-00 8
16 Aiden Wilson	10	Winona	94-06 7
17 Jack Boraas	11	Zumbrota-Maz	82-02 6
18 Edward Berg	10	Cannon Falls	81-05 5
19 Henry Andersen	9	Austin	81-05 4
20 Diego Espinoza	10	Kasson-Manto	77-05 3
21 Jaiden McKay	10	Cannon Falls	69-00 2
22 Chase Prall	12	Red Wing	37-07 1

Women - Team Rankings - 18 Events Scored

1) Byron	576.5
2) Winona	549
3) Pine Island	471.5
4) Plainview-Elgin-Millville	447
5) Stewartville	415
6) Austin	393
7) Kasson-Mantorville	385.5
8) Red Wing	355
9) Albert Lea	268.5
10) Zumbrota-Mazeppa	266.5
11) Cannon Falls	168.5

Men - Team Rankings - 22 Events Scored

1) Stewartville	576
2) Pine Island	535
3) Byron	514.5
4) Winona	497
5) Albert Lea	417
6) Red Wing	412
7) Zumbrota-Mazeppa	355
8) Plainview-Elgin-Millville	304.5
9) Kasson-Mantorville	287
10) Austin	264
11) Cannon Falls	147